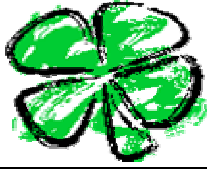


HEMPSTEAD FOOD SERVICE

SECONDARY LUNCH MENU

MARCH 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
OVEN BAKED CHICKEN NUGGETS DINNER ROLL OR CHICKEN FAJITA OVEN FRIES APPLESAUCE LOW FAT MILK CHOICE	CHEESEBURGER ON A BUN OR CHICKEN PATTY ON BUN MASHED POTATOES CHILLED PEACHES LOW FAT MILK CHOICE	MEATBALL HERO OR BREADED CHICKEN GREEN BEANS CHILLED APRICOTS LOW FAT MILK CHOICE	SLOPPY JOE ON A BUN OR VEGGIE BURGER CARROT STICKS PINEAPPLE TIDBITS LOW FAT MILK CHOICE	ASSORTED PIZZA OR BREADED MOZZARELLA STIX TOSSED SALAD CHILLED FRUIT LOW FAT MILK CHOICE
8	9	10	11	12
CHICKEN NUGGETS OR CHICKEN PATTY ON A BUN POTATO WEDGES FRUIT COCKTAIL LOW FAT MILK CHOICE	SAILSURY STEAK DINNER ROLL OR JAMAICAN BEEF PATTY GREEN BEANS NAVEL ORANGE LOW FAT MILK CHOICE	ROTINI PASTA W/ MEATSAUCE OR VEGGIE BURGER ON A BUN TOSSED GREENS PEAR SLICES LOW FAT MILK CHOICE	RAINBOW GRILLED CHEESE OR HAMBURGER ON A BUN TATER TOTS APPLE SAUCE LOW FAT MILK CHOICE	ASSORTED PIZZA OR BREADED MOZZARELLA STIX TOSSED SALAD CHILLED PEACHES LOW FAT MILK CHOICE
15	16	17	18	19
CHICKEN NUGGETS SEASONED RICE OR JAMAICAN CHIX PATTY POTATO WEDGES PINEAPPLE TIDBITS LOW FAT MILK CHOICE	JAMAICAN BEEF PATTY OR VEGGIE BURGER ON A BUN PEAS CHILLED PEACHES LOW FAT MILK CHOICE	CHICKEN PATTY ON A BUN OR STEAK UM W/CHEESE CLUB GREEN BEANS FRESH APPLE LOW FAT MILK CHOICE	CHEESEBURGER ON A BUN OR MEATBALL SUB TATER TOTS CHILLED APRICOTS LOW FAT MILK CHOICE	ASSORTED PIZZA OR BREADED MOZZARELLA STIX TOSSED SALAD FRUIT COCKTAIL LOW FAT MILK CHOICE
22	23	24	25	26
CHICKEN NUGGETS DINNER ROLL OR JAMAICAN BEEF PATTY POTATO WEDGES CHILLED PEACHES LOW FAT MILK CHOICE	SPAGHETTI W/MEATBALLS OR HAMBURGER ON A BUN TOSSED GREENS FRUIT COCKTAIL LOW FAT MILK CHOICE	TACO W/LETTUCE, TOMATO & CHEESE OR BREADED CHICKEN TATER TOTS PINEAPPLE TIDBITS LOW FAT MILK CHOICE	CHICKEN PATTY ON A BUN OR STEAK UM W/CHEESE CORN NIBLETS FRESH PEAR LOW FAT MILK CHOICE	ASSORTED PIZZA OR BREADED MOZZARELLA STIX TOSSED SALAD APPLESAUCE LOW FAT MILK CHOICE
29	30	31		<i>AVAILABLE DAILY AS A FRUIT CHOICE ALTERNATIVE: 4oz APPLE JUICE, OR 4oz. ORANGE JUICE</i>
CHICKEN NUGGETS DINNER ROLL OR CHICKEN FAJITA OVEN FRIES APPLESAUCE LOW FAT MILK CHOICE	<u>SCHOOLS CLOSED</u>	MILK CHOICES AVAILABLE DAILY WHITE CHOICES – SKIM - 1% - LOW FAT CHOCOLATE \$.50 A LA CARTE MILK		

**AVAILABLE DAILY: DELI BAR, SALAD BAR & NACHOS
&
ASSORTED GRAB & GO WRAPS
SECONDARY LUNCH PRICE: \$1.50 REDUCED PRICE \$0.25**

****MENU SUBJECT TO CHANGE****